

# Changing Lives

## The Kingston Hospital Dialysis Center



MARY CICALE (*top, with dialysis technician Maurica Mackenzie*) visits The Kingston Hospital Dialysis Center three times a week, for four hour sessions. MARILYN WRIGHT (*above, with dialysis technician Megan Sickler*) has been coming to the Dialysis Center three times a week, for six years.

Mary says, “I am lucky to live so close by. At the age of 70, my health changed and I developed kidney failure. I am sorry I have to go through this but the people here are wonderful—both the employees and my fellow patients. It is a great place. We greatly appreciate having the Dialysis Center in Kingston.”

Marilyn says, “The staff are wonderful. They are knowledgeable and truly dedicated to helping us. These regular visits are what I have to do, but I know the Dialysis Center gives me life!”

*(continued on reverse)*

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Thanks to The Kingston Hospital Dialysis Center, Mary and her husband are still active and able to pursue their favorite pastimes. Marilyn, a widow, is able to continue her fulfilling duties as organist for her local church. Mary and Marilyn are just two of the hundreds of local residents who depend on the Dialysis Center to maintain their health.

Nationwide, nearly 24 million people age 20 and older have developed Chronic Kidney Disease (CKD)—about 14 percent of the population.\* When the progression of CKD leads to End Stage Renal Disease (ESRD), or kidney failure, the only options available for survival are transplants or dialysis.

The Kingston Hospital Dialysis Center maintains 30 hemodialysis stations, comprehensive nephrology care, and a full staff of dietary, educational, clinical, technical, and psychosocial consult support staff for both inpatient and outpatient services. **The Dialysis Center is an essential, life-sustaining health service that changes lives.**

This vital service needs your financial support. Every donation to The Kingston Hospital Foundation is an investment in the continuation, improvement, and expansion of health care services like these for patients within Ulster County and its surrounding communities.

*More importantly, any gift to the Foundation shows you believe in keeping these services vital and available to the community, and in supporting the mission of The Kingston Hospital to serve the health care needs of all.*

To show your support with a gift of any amount, please fill out the enclosed giving envelope, donate securely online at [www.FoundationUpdate.org](http://www.FoundationUpdate.org), or simply call **The Kingston Hospital Foundation at 845.334.2760** for memorial or honor gifts, estate planning, or naming opportunities.



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\* Source: Centers for Disease Control & Prevention