

# HEALTHY VISIONS



A Newsletter of The KINGSTON HOSPITAL FOUNDATION

The Kingston Hospital Foundation Presents



ROBERT TONNER



See Insert  
for Details

Introducing Robert Tonner's Premiere Fashion Collection

"Be Among the First to see the Launch of Robert Tonner's Designer Daywear for Women"

6:00PM, Friday, October 23<sup>rd</sup>, 2009 at the Wiltwyck Golf Club

## HIGH SCHOOL SCHOLARSHIP WINNERS

The Kingston Hospital Foundation Scholarship  
Cassandra Hrelja - \$1,000 a year for four years.



Cassandra is a graduate of Wallkill High School and will be attending Mount St. Mary's College in the fall as a nursing major pursuing a career as a Nurse Practitioner.

## ELSIE A. KENT NURSING SCHOLARSHIP

Courtney Sinagra - \$500 one time gift

Courtney is a graduate of Kingston High School and will be attending SUNY-Ulster to become a Registered Nurse and then on to a Physicians Assistant.



SCHOLARSHIP  
ANNOUNCEMENTS



L to R: Tom McCarthy RN, Kathleen Lunny RN, Margo McGilvrey RN, Rene Murray RN, & David W. Lundquist

## LOUISE MYERS NURSING SCHOLARSHIP WINNERS

2006 – 2009 • \$2,000 Each

2009

Allison Darling  
Laura Gambino  
Donna Marsalla  
Dolly Merritt  
Tom McCarthy

2007

John Benson  
Denise Hennessey  
Rene Murray  
Carol Redmond  
Terry Zaccheo

2008

Loni Coons  
Tess Cunningham  
Kathy Smith  
Karen Steitz  
Kathy Van Buren

2006

Cindy Perpetua  
Linda McKenna  
Joanne Solian  
Judy Whitbread  
Anita Williamson

## KINGSTON ON THE MOVE...

- 1. Rehabilitation Relocation to Benedictine Campus
- 2. New Maternity Center (West 4)
- 3. Emergency Expansion Phase 1 (East Main)
- 4. On-Call Rooms (Center 4)
- 5. Emergency Expansion Phase 2 (New Main)
- 6. New Entrance Lobby (New Main)
- 7. Substance Abuse Relocation to Benedictine Campus
- 8. Medical/Surgical Bed Unit (Broadway 2)
- 9. Dialysis Unit Relocation (East 3)
- 10. Intensive Care Unit Expansion (Broadway 4)

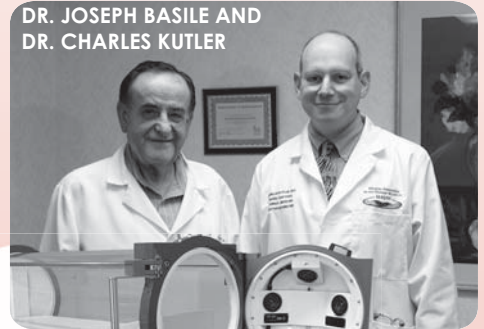
## BENEDICTINE ON THE MOVE...

- 1. Rehabilitation Consolidation (Spellman 2)
- 2. New Orthopedic Operating Room Addition (SMC1)
- 3. Substance Abuse Unit (Spellman 1)
- 4. Substance Abuse Offices (L&D1)
- 5. Rehabilitation Offices (North 2)
- 6. Rehabilitation Occupational Therapy Unit (Spellman 2)
- 7. Orthopedic Bed Unit (Spellman 3)
- 8. New Entrance Lobby (New Main)
- 9. Substance Abuse Unit Relocation to Benedictine Campus
- 10. Urgent Care Modernization (SMC Main)

## New Maternity Center Now Open!



## WOUND CENTER ADDS HYPERBARIC CHAMBERS



DR. JOSEPH BASILE AND DR. CHARLES KUTLER



DR. DANIEL C. LONGO, DPM

The Wound Center has added two new hyperbaric oxygen chambers (HBO) to their suite of services. The hyperbaric chambers are located at The Kingston Hospital Campus on the 2nd floor on 2 South.

**For questions please call the Wound Healing Center at (845) 334-HEAL**

Dear Ulster County Residents,

We are actively implementing the HEAL4 funded construction projects designed to support the integration of services between the Kingston and Benedictine campuses (see progress chart). The Physical Medicine and Rehab unit, which was consolidated earlier this year on the Benedictine Campus, and our recently joined OB services unit, The Family Birth Place, at the Kingston Hospital Campus are just two shining examples of how staff are working together successfully providing excellent patient and family care.

This is an exciting time for progress, but brings with it significant inconvenience and confusion. We apologize for any hardship this causes and are committed to completion as soon as possible. We appreciate your patience and support during this time.

As we continue to make necessary improvements to our facilities and operations, we remain committed to establishing HealthAlliance of the Hudson Valley™ as the premier health provider in the region.

Sincerely,  
David W. Lundquist  
President & CEO,  
HealthAlliance of the Hudson Valley™



DAVID W. LUNDQUIST

Dear Friends and Family Members,

Now that the busyness of the fall season is upon us, we can reflect back on our successful summer events. The 9<sup>th</sup> Annual Golf Classic and the five Kingston Walks were well attended and the proceeds continue to help The Kingston Hospital offer quality health care programs for our residents and visitors. Please take the time to view our summer event participants and our sponsors in these pages, and I encourage you to view our new website, [www.FoundationUpdate.org](http://www.FoundationUpdate.org). In addition, please contact the Foundation soon to reserve seats for our fantastic and bigger October 23<sup>rd</sup> Fall Celebration and Fashion Show.

Your continued financial support is greatly appreciated and will make a significant difference for this community.

Respectfully yours,  
Thomas Collins, Chair  
The Kingston Hospital Foundation

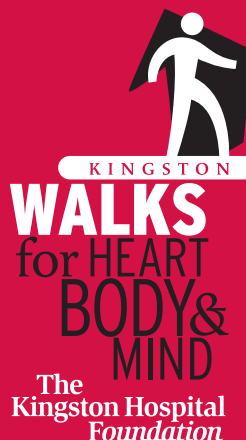


THOMAS COLLINS

## 2009 GOLF CLASSIC

The 9<sup>th</sup> Annual Foundation Golf Classic was held on August 5<sup>th</sup> and, once again started out following the tradition of the past eight years; hot enough to cook an egg on a rock! This year's tournament sponsor was once again MVP Health Care. Apple Greens Golf Course provided a pristine venue for the field of approximately 200 players. We are especially grateful to all of our sponsors. Special thanks to the folks on the Golf Classic committee; Sean DuBois, Co-Chair; Eva Squire, Co-Chair; Alan Kozlowski, Lou Conti, Cecelia Macauley, Paul Casciaro, Dr. Mark Josefski, Paul Beichert, Steffen Kraehmer and Sandra Sinagra. This year's tournament and raffles raised \$70,000 for the benefit of The Kingston Hospital. Prizes went to the top seven teams, and they are:

<b>1<sup>ST</sup> PLACE</b>	<b>Cross River Anesthesiologist Services: Rich Moscovitz</b> Paul Modica • Daniel Katz • Darren Grassi
<b>2<sup>ND</sup> PLACE</b>	<b>Sickler, Torchia Allen &amp; Churchill: Craig Sickler</b> Stephen Sickler • Rich Kopyscianski • Denis Appleyard
<b>3<sup>RD</sup> PLACE</b>	<b>Rhinebeck Savings Bank: Michael Quinn</b> Paul Casciaro • Jim McCardle
<b>4<sup>TH</sup> PLACE</b>	<b>Lou Casciaro/The Reis Group: Lou Casciaro</b> Steve Thornton • Ron Sleight • Charles Cherney
<b>5<sup>TH</sup> PLACE</b>	<b>MVP Healthcare: Joe Lia</b> Joe DiPalo • Jack George • Chris Smith
<b>6<sup>TH</sup> PLACE</b>	<b>M &amp; T Bank: Tom Murphy</b> Dave Blakely • Dan Potter • Art Davis
<b>7<sup>TH</sup> PLACE</b>	<b>Rose &amp; Kiernan: Dave Melby</b> Harold King • Bob Kuelzow



DON'T MISS OUR  
**LAST 3 WALKS**  
OF THE 2009 SEASON!

OCT. 17<sup>th</sup> • 9AM

The Rondout-Downtown Walk  
Meet at the Visitors Center

NOV. 14<sup>th</sup> • 9AM

Golden Hill Walk  
Meet at Golden Hill Office Building

DEC. 5<sup>th</sup> • 9AM

Dietz-Memorial Stadium Walk  
Meet at Stadium Entrance

All Are Welcome!

### SPECIAL THANKS TO OUR KINGSTON WALKS SPONSORS

Adams Fairacre Farms • Dr. Somsak Bhiyayakul & Dr. Saharat Bhiyayakul • Helmsmoortel Realty • Hurley Ridge Market • M & T Bank • Mid-Hudson Valley Federal Credit Union • Rondout Savings Bank • Rose and Kiernan, Inc. • Saunderskill Farms • Team Health East • The Community Heart Health Coalition of Ulster County • Ulster Federal Credit Union • Victorian Builders & Remodeling, Inc. • Woodcrest & Maple Ridge Communities

## FROM THE PRESIDENT:

This summer our Board of Directors met for a very successful strategic planning session led by Amy McAden, The Director of Volunteer Services. The members were enthusiastic and motivated.

Membership, communication and by-laws revision were voted top priority. Committees have already been formed and meetings held. You will soon be hearing the results of the meetings from the committee chairs. I might add that this page of the "Foundation Newsletter" is just one result of the communications committee.



Rozann Attenweiler, President

## THE AUXILIARY OF THE KINGSTON HOSPITAL



Jean Davis and Rozann Attenweiler

### Jean Davis Receives Lifetime Achievement Award:

Jean Davis was honored for Lifetime Achievement by the Auxiliary at their annual Spring Luncheon.

Jean, a native of Kingston, lived in several places during her young married life, but returned to Kingston in 1950 with her husband, Rusty. And as so many women of that time did, she stayed home and raised her 3 children. At the same time she began volunteer work at Benedictine Hospital. She joined their Auxiliary, served on their Board of Directors, and held several offices including the Presidency. She also worked at their Gift Shop. However, Jean always wanted to be a nurse, so after her children had grown, at the age of 49 she decided to take her nurses training.

She enrolled at the UCCC, got her certificate and decided to apply for a nursing position at Benedictine Hospital. As Sister said they were not hiring at that time. Jean came to The Kingston Hospital, applied for a nursing position and was granted an interview. The interviewer said, "Jean, age is a plus. You are married, not dating and out running around, you have no small children at home, and patients will look at you, and think they have a nurse with a lot of experience. Little will they know you have just graduated!" Jean worked at the Kingston Hospital for 10 years. At that time her husband retired and Jean joined him to travel and spend more time together.

Jean joined the Kingston Hospital Auxiliary

in 1979, and has served on the Board of Directors in many offices, including the Presidency. She has been our Treasurer for the past 10 years. In addition to all of the Auxiliary duties, Jean also assists as a volunteer in the Ambulatory Surgical Unit, making more than 300 follow-up phone calls to patients after their procedures.



Emma Sanborn and Paul Dawson

### Auxiliary of TKH announces the 2009 recipients of \$500 Scholarship awarded to a graduating senior of an employee of The Kingston Hospital:

**Paul Dawson:** Paul is a senior at Saugerties High School and is the son of Steve and Leslie -from our Finance Department. Paul has spent a decade of his life bringing art and culture to the community through the NY Conservatory for the Arts. He has performed there since 1999, presenting 2-3 shows a year. As a performer, Paul feels he is able to help people forget about their stressful lives.

Enrolled in a Computer Video Production class, Paul is involved with a bi-weekly news broadcast. In addition, he co-created a sketch comedy television show that airs on the local cable access station. His future goal is broadcasting and to have his own television show. Paul plans on attending SUNY Albany in September.

**Emma Sanborn:** Emma is a senior at Saugerties High School and the daughter of Barbara Sanborn - from our Physical Therapy Department. Emma has volunteered in Human Resources, at the Happy Apple Thrift Shop, The Gift Shop, and the Pharmacy and at other hospital events such as the Heart Healthy Event.

Emma noticed that the children in the ER could become tired or bored while waiting, so she initiated a toy drive to supply the staff with many age appropriate and entertaining toys. For that project, she earned her Girl Scout Silver Award.

Emma's favorite activity is peer tutoring. Last year there was a need to recruit more tutors so Emma stepped forward and successfully recruited more for the program. Emma will be attending Dickinson College in August.



Cindy Lewis, Steffen Kraehmer, Rozann Attenweiler

At their recent Spring luncheon at Wiltwyck Golf Club, the Auxiliary presented a check for \$15,500 to TKH's Foundation executive director, Steffen Kraehmer, to complete their pledge of \$31,000 earmarked for the Family Birth Place.

## UPCOMING EVENTS

We have **12 Marketplace Events** happening in the next few months, everything from jewelry sales to pottery to monogrammed items. Look for the Marketplace calendar in the mail.

**October 6<sup>th</sup> Luncheon & Card Party**  
Contact: Helen Robinson 331-7451 or Lorraine Trast 331-3513

**October 15<sup>th</sup> House Plant Sale**  
Contact: Rozann Attenweiler 339-2953

**October 30<sup>th</sup> Halloween Bake Sale**  
Contact: Florence Lentz 679-8563

# Honor and Memorial GIFTS

## IN MEMORY OF....

Ms. Virginia Ambrose  
 Mrs. Evelyn Corsones  
 Mr. Barry Deforest  
 Ms. Marie Lynn DeLuca  
 Ms. Julie Martino  
 Mr. John S. Mearns, Jr.  
 Mr. Alvin Moscowitz  
 Ms. Gwen Norton  
 Mr. John Porsch  
 Mr. Ron Ricketson  
 Mrs. Alice Seymour  
 Mr. Clarence Spangenberg  
 Ms. Anne B. Staray  
 Mrs. Jane VanDeBogart  
 Ms. Betty White  
 Mr. Rett Williams  
 Ms. Charlotte R. Winnie

## IN HONOR OF...

Mrs. Rozann Attenweiler  
 Mr. & Mrs. James Dargan  
 Ms. Jennie A. Martin  
 Mr. Craig R. Sickler

**GIVE IN MEMORY OF**  
*a loved one,  
 a friend,  
 a neighbor,  
 a colleague*

**GIVE IN RECOGNITION OF**  
*special services*

**GIVE IN CELEBRATION OF**  
*birthdays,  
 wedding,  
 anniversaries,  
 births or holidays*

**GIVE IN HONOR OF**  
*personal achievements  
 or milestones*

### Gifts received from 1.1.09 to 8.15.09

## YOUR CONTRIBUTION IS AN INVESTMENT IN:

- 24/7 Diagnostic Testing (MRI, CAT & PACS Imaging System)
- Stroke Designation and Cardiac Care Center
- PYXIS Medication Distribution System
- Emergency Department and Lifeline Program
- Continuous nursing skills and competency development
- Exclusive provider of dialysis services for Ulster County
- Cardiac, Stroke, and Surgical Rehab
- Wound Healing Center
- Greenspan Women's Health Center
- Computer-assisted and minimally invasive surgery
- Diabetes self-management education program
- Hospitalist Services Program

Dear Friends,

The Health Care programs and services in Ulster County are expanding. New construction and state-of-the-art technology are being installed during the remainder of 2009. Your individual contributions, along with our corporate partnerships, allow the Foundation to continue the support of The Kingston Hospital, and help it become a leader in the Hudson Valley health care field.

As you are well aware, your cash donations, along with in-kind gifts help make our special events some of the most "outstanding" celebrations in the area. In addition, your long-term pledges and planned gifts help continue to build investments in our community health care for the future.

Your generosity is greatly appreciated. Please call the Foundation office with any questions on our upcoming fund-raising events as well as participating in our major fund-raising naming opportunities program.

Best regards,  
 Steffen Kraehmer, CFRE  
 Executive Director  
 The Kingston Hospital Foundation



Cocktails: 6:00 pm

Dinner: 7:00 pm

Program: 7:45 pm

Dessert: 8:30 pm

**Call the Foundation at  
 845.334.2760  
 for Event Details**

## A SPECIAL THANK YOU...

To those who have remembered The Kingston Hospital Foundation in their will. The Foundation has received over \$2 million in estate gifts. We hope you will take the time to include The Kingston Hospital Foundation in your will. The official legal bequest language for The Kingston Hospital Foundation is:

"I give, devise, and bequeath (insert dollar amount or percent of estate) to The Kingston Hospital Foundation, a not-for-profit corporation organized and existing under the laws of the State of New York."

The Foundation is exempt from federal income tax under Section 501(c) (3) of the Internal Revenue Code (D#59-6152180) and contributions to it are deductible under the provisions of federal income, gift and estate tax laws.

Note: Many of our donors choose to restrict their bequest commitment to a particular department or service at The Kingston Hospital. Please let us know if you would like to restrict your gift and we can help craft language that appropriately reflects your wishes.

**www.FoundationUpdate.org**

## SPECIAL APPRECIATION FOR OUR 2009 GOLF SPONSORS

MVP Health Care • M&T Bank • Garfunkel, Wild & Travis • Tritex/Pike Constructors • Rose & Kiernan Inc. • U.W. Marx Construction • Cardiology Consultants of Westchester • Clifton, Budd & DeMaria • Commercial Associates Real Estate • LabCorp • Laborers Local 17 • Medical Liability Mutual • Mobile Life Support Services • Morgan Stanley/Smith Barney • Lou Casciaro/Reis Insurance • Rondout Savings Bank • Team Health East • Rondout Electric, Inc. • M. M. Hayes, Inc. • United Processing Corporation • Leisure Time/Binnewater Ice • Cross River Anesthesiologist Services • Hudson Valley Paramedic Services • S.A.F.E., LLC • Atlantic Detroit-Allison Diesel • Advanced Communications & Cabling • Begnal Motors • Nixon/Peabody, LLC • M/E Engineering • Institute For Family Health • The Reis Group • Toshiba Business Solutions • Clear Channel Radio of the Hudson Valley • WDST 100.1 Radio Woodstock

## SAVE THE DATE

**September 23<sup>rd</sup> Cruisin' for the Cure**  
Dinner Cruise on the Rip Van Winkle

**October 17<sup>th</sup> Kingston Walks**  
O&W Rail Trail, Rte. 209

**October 23<sup>rd</sup> Fall Celebration & Fashion Show**  
Wiltwyck Golf Club

**November 14<sup>th</sup> Kingston Walks**  
Golden Hill Walk

**November 19<sup>th</sup> Golden Circle Reception**  
Wiltwyck Golf Club

## CONGRATULATIONS TO THE 2009 FOUNDATION RAFFLE WINNERS

1

\$1,000 Cash  
Richard Kopyscianski  
Rhinecliff, NY

2

Four Yankee Tickets  
Dirk DeWitt  
New Paltz, NY

3

Two New York Giants Tickets  
Kathleen Uhl  
Kingston, NY

4

Two Yankee Tickets  
Francoise Dunefsky  
Port Ewen, NY

5

Six Renegades Tickets and Dinner for 6  
Philip Meltzer  
Rhinebeck, NY

6

Two Tickets to Bethel Woods Concert  
Sue Rose  
Kingston, NY



SITE UNDER



CONSTRUCTION



SITE  
COMPLETED  
2010

We are pleased to announce the new state of the art Emergency Department located at the Kingston Campus of the HealthAlliance of the Hudson Valley™, expected to be completed by December 31, 2009. This extraordinary endeavor brings together two separate institutions as one, united in the desire to provide excellence in the care of our community.

The new Emergency Department will include 31 patient beds, with cardiac rooms, resuscitation and treatment rooms. We will be able to assist in any emergency: large or small. The most advanced equipment will provide prompt and accurate diagnosis and treatment to ensure the most comfort possible for every patient.

We look forward to the new chapter in health care for our community and those we serve in the Hudson Valley.



L to R: Phil Tiernan RN, Scott Peters RN,  
Kathy Welch, & Dawn Sheffield

Elise Steffens RN, BSN  
Director Of Emergency Services  
The Kingston Hospital

### KINGSTON HOSPITAL FOUNDATION STAFF

Steffen T. Kraehmer, CFRE  
Sandra R. Sinagra  
Mary Jo Cipollini  
Emily Glass

Executive Director  
Director, Foundation Relations  
Database Administrator  
College Intern



*Woodland Pond at New Paltz*

# Resident Resource Guide

NEW PALTZ IS RICH WITH unspoiled scenery, local history and eclectic shops. The village is lined with antique stores, creative artisan galleries, and restaurants of every cuisine. Our area boasts a wide variety of social, educational, spiritual, medical, and cultural organizations and practitioners that enrich our lives and support our wellness. It's a beautiful place to live and it's also a desirable destination for tourists from miles around.

New Paltz is also the location for the first continuing care retirement community in the Mid-Hudson Valley: **Woodland Pond at New Paltz**, a not-for-profit organization, that will open September, 2009.

New residents will be eager to discover the abundance of resources the area has to offer. Currently, Woodland Pond staff is busy preparing a **Resident Resource Guide** to introduce our new residents to the local businesses, organizations and professional services as well as provide a helpful list of emergency information, regional events and annual activities. The Guide will have an initial printing of more than 1,000 copies, and we'd like you to be included in the inaugural edition.

**YOUR ADVERTISING SUPPORT** for this Guide will assist Woodland Pond to sponsor programming for our senior residents designed to prolong their healthy independence while creating a complete resource about the Mid-Hudson Valley Area for new residents, their friends, visitors and loved ones. Your participation will assist the Woodland Pond Foundation in its fundraising efforts. We look forward to adding your name to the growing list of resources we can offer. Below, you will find an application form—enter your organization or business information in the Resident Resource Guide today, and start promoting your group to the newest residents of New Paltz. Your support of this effort will be recognized at Woodland Pond's Grand Opening ceremony this fall.

THANK YOU *for your support.*

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## *Woodland Pond at New Paltz* Resident Resource Guide

### Full Page Ad

..... \$100 (5" w x 7" L)  
Primary category listing for Index: .....

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..... \$ 75  
Additional category listing for Index: .....

### Business Card Ad

..... \$ 50 (3.5" w x 2" L)  
Primary category listing for Index: .....

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..... \$ 40  
Additional category listing for Index: .....

### Artwork:

Camera-ready black & white art, or Digital art file preferred. If you are sending a business card, DO NOT use staples or paperclips. Ad text may be enclosed with this form. Business cards or text may be emailed as a PDF or JPG file to [ssinagra@kingstonhospital.org](mailto:ssinagra@kingstonhospital.org)

Category .....

Company/Individual .....

Contact Name (if company) .....

Address .....

City/State/Zip .....

Phone .....

Email address .....

### Form & Materials Deadline:

**Return this form & ad materials by Sept. 30, 2009.** Mail form and payment (checks payable to: Woodland Pond Foundation) to: **Woodland Pond Foundation – Resident Resource Guide**  
396 Broadway, Kingston, NY 12401



ROBERT TONNER COLLECTION 2008

**The Kingston Hospital Foundation Presents  
2009 Fall Celebration Fashion Show**

*Introducing Robert Tonner's  
Premiere Fashion Collection*

**"Be Among the First to See the Launch of  
Robert Tonner's Designer Daywear for Women"**

**6:00 PM, Friday, October 23rd, 2009  
Wiltwyck Golf Club**



**Sponsor & Ticket Form**

*"Couture" Sponsorship*

\_\_\_\_\_ \$5,000 (Includes admission for 20 guests to Cocktails & Dinner & Major  
Event Sponsor recognition)

*"Diamonds & Pearls" Sponsor*

\_\_\_\_\_ \$2,500 (Includes admission for 12 guests to Cocktails & Dinner & Major  
Event Sponsor Recognition)

*"Beads & Sequins" Sponsor*

\_\_\_\_\_ \$1,500 (Includes admission for 6 guests to Cocktails & Dinner and Program  
Listing.)

*"Little Black Dress" Sponsor*

\_\_\_\_\_ \$500 (Includes admission for 4 guests to Cocktails & Dinner and Program  
Listing.)

*"Runway" Sponsor*

\_\_\_\_\_ \$250 (Includes admission for 2 guests to Cocktails & Dinner and Program Listing.)

**Tickets: \$95 Per Person or \$175 for 2 People**

COMPANY ~ INDIVIDUAL \_\_\_\_\_

CONTACT NAME (If Company) \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY~STATE~ZIP \_\_\_\_\_ PHONE (    ) \_\_\_\_\_

Email Address \_\_\_\_\_

Number of Tickets: \_\_\_\_\_ Ticket Amount: \_\_\_\_\_

Total Tickets and/or Sponsorship Enclosed: \_\_\_\_\_

**Seating is limited. (Please respond by October 15th, 2009)**

Please make checks payable to:

The Kingston Hospital Foundation and return this form by October 15, 2009 to:

396 Broadway, Kingston, NY 1240. If you prefer, you can reserve your tickets online by  
going to [www.foundationupdate.org](http://www.foundationupdate.org) and click on the Special Events tab.